

Silverlake Christian Academy Menu

All meals and snacks served with whole milk, apple juice or water



Nov 2-6	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Pop Tarts w/ Fruit	Cereal w/ Fruit	Waffles w/ Fruit	Oatmeal w/ Fruit	Cereal w/ Fruit
MORNING SNACK	Wheat Thins	Animal Crackers	Goldfish	Chex Mix	Animal Crackers
LUNCH	Chicken Noodle Soup Green Beans Fruit V- Veggie Soup	Corn Dogs Broccoli Fruit V- Lettuce Wrap	Ziti Pasta Wheat Bread Green Beans Fruit V- Cheese Ziti Pasta	Beef Taquitos Beans & Rice Fruit V- Cheese Taquitos	Cheese Pizza Celery Fruit V- Same
LATE P.M SNACK	Saltine Crackers w/ Jelly	Cheeseballs	Ritz Cheese Crackers	Mini-Jelly Sandwiches	Cheerios w/ Raisins
AFTERNOON SNACK	Chex Mix	Wheat Thins	Veggie Straws	Goldfish	Graham Crackers
Nov 9-13	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Breakfast Biscuits w/ Fruit	Cereal w/ Fruit	Pancakes w/ Fruit	Cereal w/ Fruit	Pop tarts w/ Fruit
MORNING SNACK	Pretzels	Graham Crackers	Fruit Loops w/ Raisins	Animal Crackers	Graham Crackers
LUNCH	Beef Soft Tacos Mexican Style Veggies Fruit V- Cheese Quesadillas	Baked Chicken Rice Corn Fruit V- Cauliflower Nuggets	Mac & Cheese w/ Ham Pieces Mixed Veggies Fruit V- Mac & Cheese	Pepperoni Pizza Dry Broccoli Fruit V- Cheese Pizza	PICNIC DAY- PACK A SACK LUNCH- NO PEANUT PRODUCTS PLEASE! ☺
AFTERNOON SNACK	Cheez it	Smartfood popcorn	Ritz Cheese Crackers	Cheeseballs	Saltine Crackers w/ Jelly
LATE P.M SNACK	Graham Crackers	Goldfish	Cheerios w/ Raisins	Pretzels	Smartfood Popcorn
Nov 16-20	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	French Toast w/ Fruit	Blueberry Muffins w/ Fruit	Cereal w/ Fruit	Oatmeal w/ Fruit	Waffles w/ Fruit
MORNING SNACK	Goldfish	Animal Crackers	Fruit Loops w/ Raisins	Pretzels	Graham Crackers
LUNCH	Chicken Tacos Pinto Beans Corn Fruit V- Meatless Tacos	Chicken Taquitos Rice Mixed Veggies Fruit V- Cheese Taquitos	Tomato Sauce Meatballs Mash Potatoes Green Beans Fruit V- Vegan Meatballs	Cheese Pizza Celery Fruit V- Same	THANKSGIVING FEAST
AFTERNOON SNACK	Saltine Crackers w/ Jelly	Cheez-it	Rice Cakes	Chex Mix	Cheeseballs
LATE P.M SNACK	Veggie Straws	Pretzels	Cheeseballs	Wheat Thins	Animal Crackers
Nov 23-27	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Pancakes w/ Fruit	Yogurt w/ Fruit	Cereal w/ Fruits		
MORNING SNACK	Fruit Loops w/ Fruit	Animal Crackers	Pretzels		
LUNCH	Chicken Nuggets Tater Tots Mixed Veggies Fruit V- Cauliflower Nuggets	Beef Nachos Pinto Beans Corn Fruit V- Cheese Nachos	Fish Sticks Fries Mixed Veggies Fruit V- Veggie Sticks	THANKSGIVING CLOSED	CLOSED
AFTERNOON SNACK	Saltine Crackers w/ Jelly	Rice Cakes			
LATE P.M SNACK	Smartfood Popcorn	Chex Mix			
Nov 30	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Cereal w/ Fruit				
MORNING SNACK	Animal Crackers				
LUNCH	Grilled Chicken Slices Rice Corn Fruit V- Beans & Rice				
AFTERNOON SNACK	Cheeseballs				
LATE P.M SNACK	Veggie Straws				