



All meals and snacks served
with whole milk, apple juice
or water

Silverlake Christian Academy Menu

Dec 1-4	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST		Waffles w/ Fruit	Cereal w/ Fruit	Yogurt w/ Fruit	Breakfast Biscuits w/ Fruit
MORNING SNACK		Wheat Thins	Chex Mix	Animal Crackers	Cheerios w/ Raisins
LUNCH		Chicken Noodle Soup Crackers Peas Fruit V- Veggie Soup	Turkey Sausage Wheat Bread Corn Fruit V- Veggie Sausage	Mac & Cheese w/ Ham Pieces Mixed Veggies Fruit V- Mac & Cheese	Cheese Pizza Celery Fruit V- Same
AFTERNOON SNACK		Cheeseballs	Cheez It	Smartfood Popcorn	Saltine Crackers w/ Jelly
LATE P.M SNACK		Animal Crackers	Pretzels	Cheeseballs	Chex Mix
Dec 7-11	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Blueberry Muffins w/ Fruit	Pop Tarts w/ Fruit	Cereal w/ Fruit	Waffles w/ Fruit	Cereal w/ Fruit
MORNING SNACK	Graham Crackers	Goldfish	Veggie Straws	Wheat Thins	Animal Crackers
LUNCH	Corn Dogs Broccoli Fruit V- Lettuce Wrap	Turkey Sandwich Potato Chips Celery Fruit V- Spinach Wrap	Tomato Sauce Meatballs Peas & Carrots Hawaiian Roll Fruit V- Vegan Meatballs	Cheese Pizza Celery Fruit V- Same	PICNIC DAY- PACK A SACK LUNCH- NO PEANUT PRODUCTS PLEASE! ☺
AFTERNOON SNACK	Cheeseballs	Saltine Crackers w/ Jelly	Cheez It	Smartfood Popcorn	Cheese Crackers
LATE P.M SNACK	Pretzels	Animal Crackers	Chex Mix	Animal Crackers	Pretzels
Dec 14-18	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Pancakes w/ Fruit	Yogurt w/ Fruit	Cereal w/ Fruit	Blueberry Muffins w/ Fruit	Cereal w/ Fruit
MORNING SNACK	Goldfish	Pretzels	Graham Crackers	Goldfish	Veggie Straws
LUNCH	Beef & Veggie Soup Crackers Fruit V- Veggie Soup	Hot Dogs Carrots Fruit V- Beans & Rice	Ham Sandwich Potato Chips Celery Fruit V- Spinach Wrap	Pepperoni Pizza Celery Fruit V- Cheese Pizza	HOLIDAY PARTY
AFTERNOON SNACK	Smartfood Popcorn	Cheez It	Cheeseballs	Saltine Crackers w/ Jelly	Cheese Crackers
LATE P.M SNACK	Cheeseballs	Animal Crackers	Chex Mix	Pretzels	Animal Crackers
Dec 21-25	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Oatmeal w/ Fruit	Pop Tarts w/ Fruit	French Toast w/ Fruit	Waffles w/ Fruit	Cereal w/ Fruit
MORNING SNACK	Chex Mix	Wheat Thins	Fruit Loops w/ Raisins	Animal Crackers	Pretzels
LUNCH	Grilled Chicken Slices Rice Corn Fruit V- Beans & Rice	Fish Sticks Broccoli Fruit V- Veggie Sticks	Mac & Cheese w/ Ham Pieces Mixed Veggies Fruit V- Mac & Cheese	Chicken Nuggets Tater Tots Peas Fruit V- Cauliflower Nuggets	Pepperoni Pizza Celery Fruit V- Cheese Pizza
AFTERNOON SNACK	Cheeseballs	Saltine Crackers w/ Jelly	Smartfood Popcorn	Cheez It	Jelly Sandwiches
LATE P.M SNACK	Veggie Straws	Animal Crackers	Pretzels	Graham Crackers	Animal Crackers
Dec 28-31	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Cereal w/ Fruit	Oatmeal w/ Fruit	Yogurt w/ Fruit	Cereal w/ Fruit	
MORNING SNACK	Ritz Crackers	Pretzels	Goldfish	Veggie Straws	
LUNCH	Chicken Sandwich Potato Chips Corn Fruit V- Tofu Pita Wrap	Chicken Noodle Soup Peas Fruit V- Veggie Soup	Burger Sliders Tater Tots Fruit V- Turkey Burger	Beef Soft Tacos Corn Fruit V- Cheese Quesadillas	
AFTERNOON SNACK	Cheez It	Cheeseballs	Saltine Crackers w/ Jelly	Smartfood Popcorn	
LATE P.M SNACK	Graham Crackers	Chex Mix	Cheeseballs	Pretzels	