



Jan 4-8	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Pop Tarts w/ Fruit	Cereal w/ Fruit	Pancakes w/ Fruit	Yogurt w/ Fruit	Cereal w/ Fruit
MORNING SNACK	Chex Mix	Pretzels	Goldfish	Animal Crackers	Ritz
LUNCH	Chicken Bites Broccoli Fruit V- Cauliflower Nuggets	Mini Corn Dogs Corn Fruit V- Mac & Cheese	Grilled Cheese Sandwich Peas Fruit V- Same	Chicken Noodle Soup Crackers Corn V- Veggie Soup	Cheese Pizza Celery Fruit V- Same
AFTERNOON SNACK	Cheeseballs	Mini Jelly Sandwiches	Graham Crackers	Smartfood Popcorn	Wheat Thins
LATE P.M SNACK	Veggie Straws	Chex Mix	Animal Crackers	Goldfish	Veggie Straws
Jan 11-15	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Waffles w/ Fruit	Cereal w/ Fruit	French Toast w/ Fruit	Breakfast Biscuits w/ Fruit	Oatmeal w/ Fruit
MORNING SNACK	Fruit Loops w/ Raisin	Goldfish	Cheese Crackers	Pretzels	Cheez it
LUNCH	Mac & Cheese w/ Turkey Bread Mixed Veggies Fruit V- Mac & Cheese	Chicken Tacos Rice Carrots Fruit V- Cheese Quesadilla	Beef Ravioli Crackers Broccoli Fruit V- Cheese Ravioli	Pepperoni Pizza Celery Fruit V- Cheese Pizza	PICNIC DAY- PACK A SACK LUNCH- NO PEANUT PRODUCTS PLEASE! ☺
AFTERNOON SNACK	Rice Cakes	Smartfood Popcorn	Mini Jelly Sandwiches	Cheeseballs	Ritz
LATE P.M SNACK	Animal Crackers	Wheat Thins	Cheez it	Smartfood Popcorn	Pretzels
Jan 18-22	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST		Waffles w/ Fruit	Pop Tarts w/ Fruit	Cereal w/ Fruit	Pancakes w/ Fruit
MORNING SNACK		Pretzels	Chex Mix	Goldfish	Cheerios w/ Fruit
LUNCH	CLOSED MLK DAY	Chicken Sandwich Baked Chips Carrots Fruit V- Lettuce Wrap	Chicken Nuggets Tater Tots Broccoli Fruit V- Beans and Rice	Spaghetti Bread Peas Fruit V- Meatless Spaghetti	Pepperoni Pizza Carrots Fruit V- Cheese Pizza
AFTERNOON SNACK		Saltine Crackers w/ Jelly	Cheez it	Cheeseballs	Ritz
LATE P.M SNACK		Animal Crackers	Pretzels	Chex Mix	Smartfood Popcorn
Jan 25-29	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Yogurt w/ Fruit	Cereal w/ Fruit	Pancakes w/ Fruit	Pop Tarts w/ Fruit	Cereal w/ Fruit
MORNING SNACK	Goldfish	Ritz	Cheerios w/ Raisins	Pretzels	Goldfish
LUNCH	Tomato Sauce Meatballs Mash Potatoes Green Beans Fruit V- Vegan Meatballs	Roasted Chicken Rice Corn Fruit V- Beans and Rice	Turkey Sausage Bread Mixed Veggies Fruit V- Veggie Sausage	Turkey Sandwich Baked Chips Celery Fruit V- Spinach Wrap	Cheese Pizza Celery Fruit V- Cheese
AFTERNOON SNACK	Smartfood Popcorn	Cheese Crackers	Animal Crackers	Cheeseballs	Wheat Thins
LATE P.M SNACK	Veggie Straws	Wheat Thins	Cheez It	Chex Mix	Animal Crackers