

Silverlake Christian Academy Menu

All meals and snacks served with whole milk or water



Nov 1-5	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Pop Tarts w/ Fruit	Cereal w/ Fruit	Waffles w/ Fruit	Breakfast Biscuits w/ Fruit	Cereal w/ Fruit
MORNING SNACK	Wheat Thins	Animal Crackers	Goldfish	Chex Mix	Animal Crackers
LUNCH	Corn Dogs Broccoli Fruit V- Lettuce Wrap	Chicken Noodle Soup Green Beans Fruit V- Veggie Soup	Lasagna Bread Corn Fruit V- Cheese Lasagna	Beef Taquitos Rice & Pees Fruit V- Cheese Taquitos	Cheese Pizza Carrots Fruit V- Same
LATE P.M SNACK	Saltine Crackers w/ Jelly	Cheeseballs	Ritz Cheese Crackers	Pretzels	Cheerios w/ Raisins
AFTERNOON SNACK	Chex Mix	Wheat Thins	Veggie Straws	Goldfish	Graham Crackers
Nov 8-12	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Breakfast Biscuits w/ Fruit	Cereal w/ Fruit	Pancakes w/ Fruit	Cereal w/ Fruit	Pop tarts w/ Fruit
MORNING SNACK	Pretzels	Graham Crackers	Chex Mix	Animal Crackers	Graham Crackers
LUNCH	Chicken Sandwich Chips Dry Broccoli Fruit V- Cheese Quesadillas	Baked Chicken Rice Corn Fruit V- Cauliflower Nuggets	Mac & Cheese w/ Ham Pieces Mixed Veggies Fruit V- Mac & Cheese	Turkey Sausage Bread Corn Fruit V- Veggie Sausage	Cheese Pizza Carrots Fruit V- Cheese Pizza
AFTERNOON SNACK	Cheez It	Smartfood popcorn	Ritz	Cheeseballs	Saltine Crackers w/ Jelly
LATE P.M SNACK	Graham Crackers	Goldfish	Cheerios w/ Raisins	Pretzels	Smartfood Popcorn
Nov 15-19	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	French Toast w/ Fruit	Cereal w/ Fruit	Cereal w/ Fruit	Oatmeal w/ Fruit	Waffles w/ Fruit
MORNING SNACK	Goldfish	Animal Crackers	Ritz	Pretzels	Graham Crackers
LUNCH	Chicken Tacos Pinto Beans Corn Fruit V- Meatless Tacos	BBQ Grilled Chicken Slices Rice Mixed Veggies Fruit V- Cheese Taquitos	Tomato Sauce Meatballs Mash Potatoes Green Beans Fruit V- Vegan Meatballs	Burger Sliders Tater Tots Peas Fruit V- Mini Veggie Burgers	Cheese Pizza Carrots Fruit V- Same
AFTERNOON SNACK	Saltine Crackers	Cheez It	Smartfood Popcorn	Chex Mix	Cheeseballs
LATE P.M SNACK	Veggie Straws	Pretzels	Cheeseballs	Wheat Thins	Animal Crackers
Nov 22-26	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Pancakes w/ Fruit	Yogurt w/ Fruit	Cereal w/ Fruits		
MORNING SNACK	Cheerios w/ Fruit	Animal Crackers	Pretzels		
LUNCH	Chicken Nuggets Tater Tots Mixed Veggies Fruit V- Cauliflower Nuggets	Turkey Slices Baked Chips Dry Broccoli Fruit V- Spinach Wrap	Cheese Pizza Carrots Fruit V- Same	THANKSGIVING CLOSED	CLOSED
AFTERNOON SNACK	Cheez It	Goldfish	Rice Cakes		
LATE P.M SNACK	Smartfood Popcorn	Chex Mix	Wheat Thins		
Nov 29-30	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Cereal w/ Fruit	Pop Tarts w/ Fruit			
MORNING SNACK	Animal Crackers	Ritz			
LUNCH	Corn Dogs Broccoli Fruit V- Lettuce Wrap	Fish Sticks Mixed Veggies Fruit V- Veggie Sticks			
AFTERNOON SNACK	Cheeseballs	Smartfood Popcorn			
LATE P.M SNACK	Veggie Straws	Pretzels			